

CDMYC Sailing Instructions

1. Rules:

- i. Racing will be governed by the CDMYC Racing Rules of Sailing, RYA prescriptions, if appropriate class rules and these instructions.

2. Entries:

- i. Races are open to members of yacht clubs affiliated to the RYA (or equivalent National authority).

3. Safety:

- i. The safety of a boat and her entire management including insurance is the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face conditions that may arise. These sailing instructions neither limit nor reduce the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The CDMYC shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew, as a result of their taking part. Moreover, every owner/person in charge warrants the suitability of the boat.
- ii. The wearing of lifejackets is compulsory at all times when competing.
- iii. Entrants are required to carry third party and passenger liability insurance of no less than £2 million.

4. Notices to competitors:

- i. If required notices to competitors will be distributed prior to the start.

5. Changes to Sailing Instructions:

- i. Any change to the sailing instructions will be posted no later than one hour before the start of a race and any change to the schedule of races will be posted not less than 24 hours before the start in Castletown Harbour Office and the Harbour Notice Board.

6. Race procedure:

- i. Starting sequence will be an audible warning at 10 minutes, 5 minutes and Start. Additionally on the Pier railings one orange board will be displayed at the 5-minute signal and two orange boards at the start.
- ii. Recalls will be in accordance with Rule 29.
- iii. Rule 30 will not apply.
- iv. Start/Finish: The start/finish line will be between the first board on the end of the Pier and an orange marker float towards Molley's Beach (Harbour Mark).
- v. Course is Triangle, Sausage, Triangle and the marks are posted on www.cdmyp.com
- vi. Shortened course will be at the discretion of the OOD and signified by a hooter after rounding the Harbour Mark. When conditions allow a lengthened course a round green disc displayed over one of the orange boards on the pier railings shall signal the inclusion of one extra Triangle.
- vii. Time Limits: No time limits are imposed other than (vi) above – shortened course.
- viii. Protests: Protests will as per the CDMYC Racing Rules of Sailing.
- ix. Results: The usual CDMYC race calculation shall be used.
- x. Navigation: Entrants are reminded to take care when sailing close inshore especially under Langness, Castletown Promenade & landward of the harbour mark.
- xi. Competitors declaring no spinnaker before the start of the race (prior to leaving port) will have their handicap credited with 4% extra. This can apply to individual races.